

Spicy Shaker Fries



SERVES 2-4

Ingredients

1 large sweet potato
Paprika
1 tsp curry powder

2 tsp salt
2 tsp garlic powder

Instructions

Preheat oven to 180 Degrees Celsius.

Chop up the sweet potato into wedges or fries. Place all the spices in a zip lock bag. Put the wedges into the bag a few at a time, giving the bag a good shake so the wedges are lightly covered with spices.

Line a baking dish with baking paper, place wedges into the dish and bake for 20-25 mins turning once and keeping a close eye that they don't burn.

*If you like a dipping source, try my F3 mayo. They are amazing together.
Your kids with LOVE these!*

